

# INFOPACK



## ART FOR CHANGE



Chorzów,  
Poland



16-25.06.2025



english



Funded by  
the European Union



# Get to know

## Wyspa



Association for the Protecting of Children's Rights and Dignity "Wyspa"



We are a non-governmental organization active since 1990 in Chorzów, Poland.



Our mission is to support children and youth in their development.



We believe that every child deserves a chance for a better future.



We work with heart - we give young people our time, energy, and care.



We organize youth exchanges, creative workshops, and local community events.



We create safe spaces where young people feel seen, heard, and valued.

# Project's details

## Date

16-25.06.2025

## Location

Chorzów,  
Poland

## Language

English

## Participating countries

Poland, Germany,  
Hungary, Serbia,  
Spain

## Participants' age

15- 18  
years old

Art for Change is an international youth exchange where we use art to talk about the world, express ourselves, and inspire change.

Through creative workshops, team projects, and shared experiences, we'll dive into topics like diversity, values, discrimination, mental health, and what it really means to be heard.

It's a space where you can meet people from different cultures, share your story, and speak up about the things that matter to you.

Together, we'll break stereotypes, build empathy, and stand for values like openness, acceptance, and equality, all through the power of art.

# Travel

**Meeting point:** > Katowice Airport <

**Meeting time:** 14:00 16.06.2025

**Departure time:** 14:00 25.06.2025

## Travel reimbursement:

10-99 km	28 EUR
100-499 km	211 EUR
500 - 1999 km	309 EUR

2000 - 2999 km	395 EUR
3000 - 3999 km	580 EUR
4000 - 7999 km	1188 EUR

There will be a meeting point at the airport, from where we will organize common transportation to the venue. However, if you prefer, you can travel directly to the accommodation place in Chorzów.

Reimbursement of travel costs is possible after the project. You must present travel documents that include your full name, date, and price of the ticket.

If the price is not printed on the ticket, please attach a receipt or invoice confirming the cost.

We encourage you to choose eco-friendly travel options (such as buses or trains) to help reduce our carbon footprint.

Travel dates are flexible - you may arrive up to 2 days before and leave up to 2 days after the official project dates.

# Accommodation

**Location:** Towarzystwo Ochrony Praw i Godności Dziecka "Wyspa",  
Styczyńskiego 13B, 41-500 Chorzów

The center has rooms that accommodate four to six people, shared bathrooms, a small kitchen for communal use, and halls where workshops will take place; these can also be used for relaxation or play games during free time.



The center has a large garden where one can play football, basketball, table tennis, jump on a trampoline, relax, and engage in many other activities. In sunny weather, a majority of the activities will take place outdoors.



# Program

Intercultural  
evening

Art  
workshops

Integration  
workshops

Art therapy  
elements

Daily  
reflection

Outdoor activities

"Youth's time"

Local city  
tour

Social media  
workshop

Group talks: values, social  
issues, discrimination

Final exhibition  
in Silesian Park

We love to keep things interactive and all about you! During the project, we'll use fun and hands-on methods like group discussions, role-plays, and creative teamwork.

You won't just learn about inclusion and respect, you'll actually live it.

You'll also have a real say in how the project runs. From sharing your ideas to helping plan and lead activities, this is your chance to shape the experience and make it your own!

# Prep tasks

You can use it as a check list!

## Prepare a cultural moment

Together with your national team, get ready to present something about your country or culture during the intercultural evening. It could be a song, game, tradition, or a fun fact - whatever you think shows what makes your community special.

## Bring traditional snacks

Please bring some sweets or snacks from your country to share with the group during the intercultural evening. It's one of the best (and tastiest!) ways to connect and learn about each other's cultures.

## Create your collage

Make a collage that tells us who you are, your passions, your story, what matters to you. Use drawings, cut-outs, words, colors, anything that feels like you. We'll share them during the integration workshop to get to know each other better!

## Explore What Makes Us Different (and Similar!)

Talk with your group about cultural differences and ways we can respect and learn from each other. We'll continue that during the exchange, but a small warm-up never hurts.

## Most important: come open-minded and ready to connect.

This project is built on your energy, ideas, and heart. Let's create something amazing together!

# Your packing & prep checklist

## Personal documents

- ID or passport
- European Health Insurance Card (if you have one)
- Travel tickets
- Parental consent form (if needed)

## Essentials

- Clothes for both warm days, cooler evenings and sudden rain
- Something cozy for chill-out time around the garden
- Comfortable shoes or sneakers
- Personal hygiene items
- Towel & flip-flops
- Any personal medication you may need
- Spray against ticks and mosquitoes - we'll spend time outdoors!

## Cultural & creative things

- Your personal collage about you
- Something symbolic from your country (a small object or story)
- Traditional sweets or snacks

## Garden & free time fun

- A small game or activity you enjoy (cards, frisbee, speaker, etc.)
- Sunglasses, hat, and sunscreen, let's hope it will be sunny!

## For the workshops & activities

- Reusable water bottle
- Clothes you don't mind getting messy (hello paint!)

## And finally...

- An open mind
- A curious heart
- Your energy, kindness, and creativity



# What's coming next?

Soon, we'll send you a participant application form to collect some important details - like your contact info, special needs, and travel plans. It'll be quick and easy to fill out!

We'll also create a WhatsApp group for all participants. It'll be a space to get to know each other, ask questions, stay in touch, and share good vibes before the project starts.

It's also the easiest way to reach us if anything comes up!

So stay tuned! More updates coming your way soon!

## Find us!



@wyspadzieci



@topigd



wypachorzow.pl



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