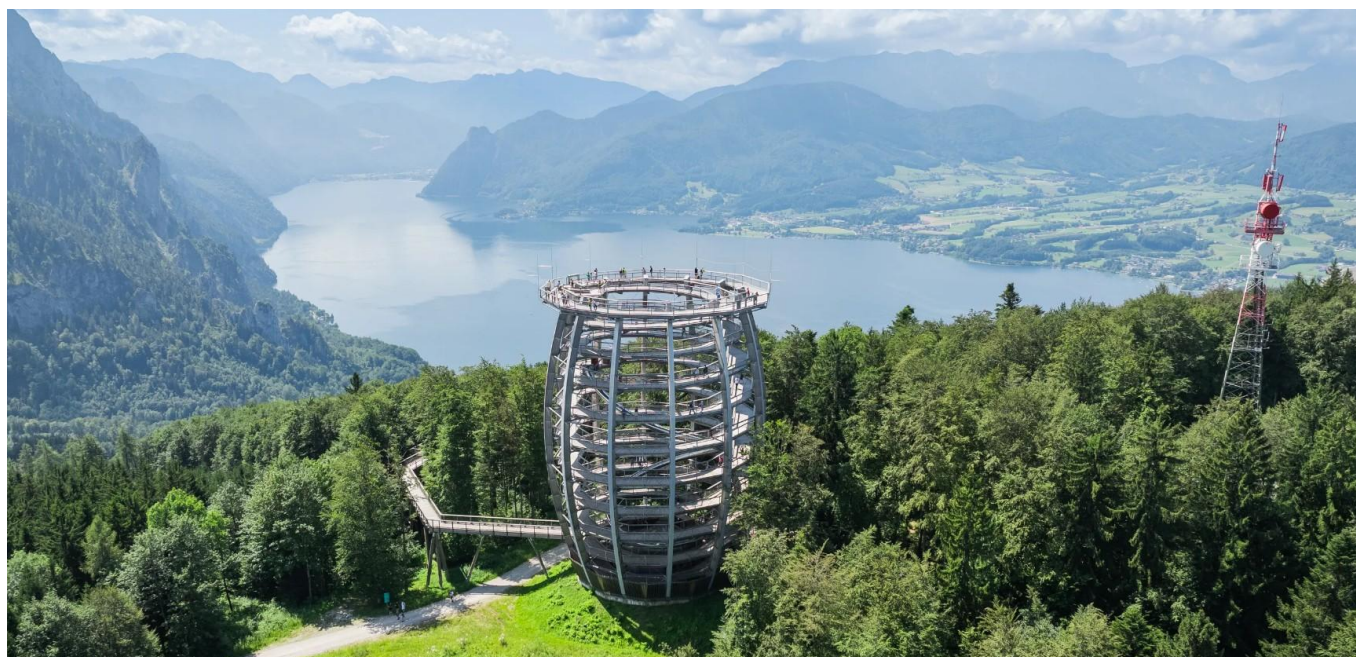


Info Pack



**Youth exchange
Create.Connect.Share.
Gmunden, Austria
03.-09.11.2025**

What is it about

The Create.Connect.Share. youth exchange brings young people from across Europe together to explore the creative and ethical use of artificial intelligence in social media communication. Over the course of one week in Austria, the participants will learn how to harness AI tools to tell powerful stories, promote Erasmus+ opportunities, and inspire positive social changes online.

Through interactive workshops, hands-on media creation, and intercultural collaboration, participants will discover how technology can become a tool for creativity rather than distraction. They will learn how to analyse social media trends, create responsible and authentic content, and use storytelling to strengthen connections between cultures and communities. This youth exchange provides not only technical skills but also a deeper understanding of how to navigate the digital world with awareness, empathy, and responsibility.

Objectives

The main goals of the youth exchange are:

- Develop digital competences: Empower participants with essential skills in AI-assisted content creation, video editing, and social media management.
- Promote responsible technology use: Raise awareness of digital ethics, data privacy, and the psychological effects of social media.
- Foster creativity and storytelling: Use digital tools to co-create engaging stories that reflect Erasmus+ values such as inclusion, diversity, and cooperation.
- Strengthen intercultural collaboration: Build teamwork and mutual understanding among participants from different backgrounds through creative digital projects.
- Encourage active participation: Motivate young people to use digital communication for civic engagement and positive social impact.
- Support dissemination and follow-up: Enable participants to develop strategies for sharing their outputs and promoting future Erasmus+ activities.

Summary

The Create.Connect.Share. project offers a dynamic learning experience that combines creativity, technology, and intercultural exchange. By exploring artificial intelligence and digital media, participants will enhance their ability to communicate meaningfully in the online world.

The exchange promotes critical thinking, teamwork, and active citizenship while equipping young people with practical tools for their future projects and careers. In the spirit of Erasmus+, it aims to build bridges between cultures, foster innovation, and inspire a new generation of digital storytellers who use technology to connect, empower, and create positive change.

Participants Profile

The participants shall fulfill the following criterias:

- age between 16 and 23 years
- interested in the topic
- willing to contribute to the program and participate in all activities
- young people with fewer opportunities are given preferential selection

All participants have to accept that this is not a holiday trip, this is an Erasmus+ youth exchange and a 100% participation in all activities is mandatory. As we work with well known partner organizations you can ask your group leader about the details of cooperation or address your questions to admin@support4youth.eu

Accommodation

We will stay at the Grünberg Alm, a hotel on the top of the mountain Grünberg where we will spend the week. Here we will stay in rooms with two and three beds. To get a better impression about the accommodation you can follow the link which you will find below!



Links

here you can get some information about the region and some attractions around.

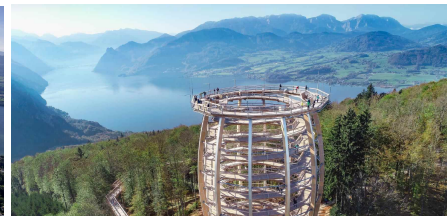
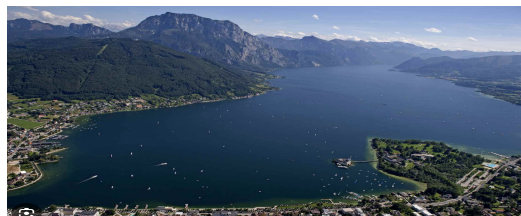
<https://www.gruenbergalm.at/>

<https://gruenberg.info/en/hike-activities/attractions/treetop-walk/>

<https://gruenberg.info/en/>

<https://www.youtube.com/watch?v=SNc4pONY8Ec&t=57s>

Here are some impressions of the area.



Sustainability

Taking responsibility for our environment we try to run our activities in a sustainable way. For us this means to try to consider this approach in every part of our activities.

For example:

- to buy most of the food in the shops nearby or from local farmers.
- to avoid trash
- to avoid waste of food
- to act responsible with our resources like energy and water,.....
- to use public transport if possible
- to support the local community

and so on!

Travel and Reimbursement

Before booking be aware that you'll have to be chosen as a participant after filling out the google form. (link below) According to your travel information we will inform you when it is ok to book your trip.

We will transfer the travel reimbursement after the project when we got all your tickets and invoices, you did the documentation of one project day and you have done the survey in the beneficiary tool.

Link to the google form:

https://docs.google.com/forms/d/e/1FAIpQLSe1drmp7groPuUCXS_CSVSGCttztzeHObxWPcyIqVy2wdD_Q/viewform?usp=sharing&ouid=111487444403064344403

You have to check the European distance calculator:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

The reimbursement depends to the distance, you can find the right amount in the following chart:

Travel	Contribution to the travel costs of participants, including group leaders, accompanying persons and facilitators, from their place of origin to the venue of the activity and return. Below 500 km, participants will, as a general rule, travel with low-emissions means of transport. Financing mechanism: contribution to unit costs. Rule of allocation: based on the travel distance and number of persons. The applicant must indicate the distance between the place of origin and the venue of the activity ¹⁴¹ by using the distance calculator supported by the European Commission ¹⁴² . For itinerant activities, the applicant should add up the distances between individual venues and choose the distance band corresponding to the total. ¹⁴³	Travel distance	Green travel	Non-Green travel
		10 – 99 km	56 EUR	28 EUR
		100 – 499 km	285 EUR	211 EUR
		500 – 1999 km	417 EUR	309 EUR
		2000 – 2999 km	535 EUR	395 EUR
		3000 – 3999 km	785 EUR	580 EUR
		4000 – 7999 km	1188 EUR	1188 EUR
		8000 km or more	1735 EUR	1735 EUR

Best practice

During the activity we want to learn from each other and therefore every organization is asked to share it's best practice. Please get prepared to run a little presentation to share your experiences, special approaches, challenges,....
Let us know what you need for that so that we can prepare everything.

Intercultural exchange

We want you to present your country and culture with the project group. So please be prepared to share and to do this in the way you prefer (Musik, cooking, singing, dancing,.....). We will support you as best as possible, you just have to tell us what you need. This will happen on the intercultural evening. The exact date of this "intercultural night" will be announced as soon as the final agenda is set.

Travel to Gmunden

Gmunden can be reached by train from Vienna Airport or our partner organizations in Netherlands and Slovenia. We ask you to check your travel route and costs with us before booking!!

Travel costs

The travel costs are budgeted according Erasmus+ conditions and included in the lump sum. If you give us all your travel documents we can reimburse these costs.

Proof of all the Travel Expenses

If you come by plane, please be sure to bring evidence of the sum actually paid (invoice) and boarding pass. Electronic tickets will only be considered as acceptable on proof of payment (invoice) and on presentation of the boarding pass for the outward journey. Please keep in mind the travel rules of the ERASMUS PLUS Program. If you come by train or bus do not forget to buy a return ticket. Please copy your tickets before you leave your home.

For the reimbursement you need:

- An invoice of the tickets
- A receipt (showing that you have paid the money) – only for train and bus tickets
- Digital document showing that the money was paid (receipt, bank confirmation etc.) for the airplane tickets
- Flight ticket (with the name of the passenger and flight details);
- All boarding passes
- A I confirmation of reservation
- each group leader has to do the report in the Beneficiary Module, otherwise we cannot transfer the travel reimbursement.

Please, make sure that you have all these documents. During the activity we will show you how to follow our procedure for the travel cost reimbursement. Therefore you will have to fill in a Google form and upload your documents to a google drive folder.budget. The files will be shared during the activity.

What to bring with you

Comfortable clothes

Make sure to bring comfortable clothes for (outdoor) activities. Don't forget a rain jacket, do not bring only an umbrella. An umbrella will not work during our outdoor actions! Good shoes for outdoor activities and a towel.

Personal insurance

Insurance cover for personal effects is the responsibility of the individual participant. You are recommended to ensure that you have adequate medical and travel insurance to cover the period of your stay in Austria.

Materials About Your Organisation:

During the Youth exchange, we want to give the opportunity to get more information about all partner organizations. So we encourage you to bring some relevant materials. Like English information about your organization; brochures, leaflets, etc.

Planned agenda (draft)

2025	3rd November	4th November	5th November	6th November	7th November	8th November	9th November
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 - 9:30	Arrival day	Breakfast until 9:00?	Breakfast	Breakfast	Breakfast	Breakfast	Departure day
09:30 - 10:30		Icebreakers & Name Games	Energizer Digital trends & who am I on the internet	Energizer The Power of Social Media	Energizer Brainstorming workshop	Energizer Presentation of results	Last activity
10:30 - 11:00				Critical Thinking Online			
11:00 - 12:00		Project intro & Team Building Games	Artificial intelligence and Algorithms	Debate: Influencers vs Regulators vs Users	Content Creation Workshop	Youthpass?	
12:00 - 13:00							
13:00 - 15:30		Lunch	Lunch	Kaslo	Kaslo	Kaslo	
15:30 - 17:00		Expectations, Fears & Agreements	Digital wellbeing	Working groups: how can we use social media and AI to promote E+	Content Creation Workshop (videos, reels, posts, memes)	Evaluation village	
17:00 - 18:00		Group reflection & reflection in national groups	Group reflection & reflection in national groups	Group reflection & reflection in national groups	Group reflection & reflection in national groups	Closing ceremony	
18:00 - 19:00		Free time & YL meeting	Free time & YL meeting	Free time & YL meeting	Free time & YL meeting		
19:00 - 21:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:00 - 22:00	First activity	Board games?	Intercultural evening?	Intercultural evening?	Night in the museum game?	Goodbye party	

Public relations

For us, and we think for all our partner organizations, it is necessary to be visible. To support this we ask you to send us the logos, address, instagram name, facebook and contact information of your organization so that we can add them to our reports, postings etc!